



2323 Montgomery Drive
Santa Rosa, CA 95405
(707) 542-6984

PASTORAL STAFF

Rev. Frank Epperson, Rector
Fr. Gabriel Sanchez, Parochial Vicar
Rev. Bala Putchakayala, Parochial Vicar
Rev. Jeffrey Keyes, In Residence
Deacon Mike Heinzelman
Deacon Gary Moore
Deacon Russ Bowden

WEBSITES

Parish: www.steugenes.com
School: www.steugenesch.org
Email Comments/Suggestions to:
Office@steugenes.com

TELEPHONE NUMBERS

Parish Office Phone	(707) 542-6984
Parish Office Fax	(707) 542-1621
Religious Education	(707) 326-3408
Finance Council – Marty McCormick	(707) 526-1700
Choir Directress – Pam Zieminski	(707) 578-8848
School Office	(707) 545-7252
Preschool Office – Tess Mellor	(707) 528-9133
Homeschool Academy– Jessica Warner	(707) 206-5579

PARISH OFFICE HOURS

Monday – Friday – 9:00 a.m. to 4:00 p.m.
Entrance is located at SW corner of Rectory

REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.
Saturday: 8:00a.m; 4:30 p.m. & Sp.6:30 p. m.
Sunday: 7:30, 9:00 & 10:30 a.m.
12:00 noon and 5:30 p.m.
Tuesday Latin Mass: 5:30 p.m.
Sunday Latin Mass: 1:30 p.m.

CONFESSIONS

3:30 – 4:30 p.m. Saturday or by appointment

PERPETUAL ADORATION

Perpetual Adoration is in the Chapel of the Sacred Heart of Jesus. To sign up for your hour with our Lord, call Annette (English) at: (707)542-3635 or Maria Vega (Spanish) at: (707)710-5094

Benediction of the Most Blessed Sacrament is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

DEVOTIONS

Recitation of the Rosary is Monday – Saturday at 7:25 a.m. in the Cathedral

Chaplet of Divine Mercy is Saturday after the 8:00 a.m. Mass in the Cathedral

CATHEDRAL SHOPS

Cathedral Thrift Shop Hours: Tues & Wed. 9:30 am–2:30 pm

Cathedral Books & Gifts Hours: Wed-Sat 8:30 am-4:30pm & Sun 8:30am-1:30pm, Closed Mon/Tues -
Phone: (707)542-0250

THIRD SUNDAY OF EASTER – APRIL 23, 2023

PARISH CALENDAR

SUNDAY APRIL 23

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00 noon, 1:30 pm (Latin) & 5:30 pm
RCIA - PLC – 10:30 am
Coffee Social – PLC – 8:00 am – 12:00 noon

MONDAY APRIL 24

Morning Masses – Cathedral – 6:45 & 8:00 am
Respect Life Meeting – PLC – 3:30 pm

TUESDAY APRIL 25

Morning Masses – Cathedral – 6:45 & 8:00 am
Women of the Word – PLC – 9:00 am
PSR – School – 3:45 pm
Latin Mass – Cathedral – 5:30 pm

WEDNESDAY APRIL 26

Morning Masses – Cathedral – 6:45 & 8:00 am
Baptism Class – PLC – 5:00 pm
Outdoor Rosary – Fatima Grotto – 6:00 pm
Bible Study – PLC – 7:00 pm

THURSDAY APRIL 27

Morning Masses – Cathedral – 6:45 & 8:00 am

FRIDAY APRIL 28

Morning Masses – Cathedral – 6:45 & 8:00 am

SATURDAY APRIL 29

Morning Mass – Cathedral – 8:00 am
Confession – Cathedral 3:30 – 4:30 pm
Sunday Vigil Masses – Cathedral – 4:30 pm & 6:30 pm (Spanish)

SECOND COLLECTION INFORMATION

This weekend, April 22 & 23, our Second Collection is for Catholic Home Missions. Catholic Home Missions is a grant-making agency. It offers financial support to missionary activities that strengthen the Catholic Church in the United States, and in its territories and former territories. Next weekend, April 29 & 30, our Second Collection will be for the Society of St. Vincent de Paul. *Also, just a note to let you know that a collection for our Tuition Assistance Program (TAP) had been scheduled for Easter Sunday but was inadvertently not taken. It has been re-scheduled to be collected on May 6/7. A big 'thank you' to those of you who turned in your TAP envelopes anyway!*

Hearing Aid Users, Switch to T-Coil

ADMINISTRATION

For the Week of: 4/09/23

Sunday Donations Received:	\$23,116.
Second Collection: <i>No Second Collection</i>	N/A

~ CATHEDRAL BOOKS & GIFTS ~

April is the month of the Holy Spirit. All children's items (books, stickers, coloring books) are 25% off! Now is the best time to teach your children and grandchildren about being Catholic, what it means to listen to the Holy Spirit, and how God loves all children, born and unborn. Help your children (or grandchildren) grow in their faith and save 25% at the same time! The shop hours are: Wed-Sat from 8:30 am-4:30 pm & Sun 8:30 am-1:30 pm. We are closed Mon./Tues. Call us at: 542-0250.

~ CREDIT CARD DONATIONS ~

Consider paying your parish contributions on line using your credit card. You can process a one-time gift or you create an account. Once you establish an account, you can set up recurring entries to automatically process your donations. You can also pay your 2nd collections by credit card. From the STEUGENES.COM website, press the GIVE button in the upper right corner. Then press GIVE ON LINE NOW. If you would like assistance setting up your account, contact bookkeeper@steugenes.com and we can walk you through the process.

SCHOOL NEWS

~REGISTRATION HAS STARTED~

St. Eugene's Cathedral School has started its registration process for the 2023-24 school year. We are proud of our students and our school. We offer an excellent academic education with a challenging curriculum integrated with gospel values. We are accepting applications for all grades. Come by the school office to pick up an application or call 545-7252, and we'll send an application to you. You can also go to: www.steugenesch.org -"Admissions".

~NEW ROOF FUND UPDATE~

We would like to thank all of you who have donated to our fund which will enable us to have a new roof put on the Cathedral. We are happy to tell you that we have reached our goal of \$100,000! Your generosity and spirit of sacrificial giving is most appreciated. Now, we will move on to the next phase of the project: putting the roof on! We will keep you informed as to when work will commence as soon as a date is firmly established. Thanks again!

MASS INTENTIONS

Saturday	April 22
8:00 am	Marie Hughes, deceased
4:30 pm	ICF Members, living & deceased
6:30 pm (Sp)	Presciliano Pulido, deceased
Sunday	April 23
7:30 am	People of St. Eugene's
9:00 am	Leo Pimentel, deceased
10:30 am	Cassandra Rucker, living
12:00 pm	Juan Reyes, deceased
1:30 pm (EF)	Andy Skrypka, living
5:30 pm	Christopher Girolo, living
6:00pm Newman Ctr.	Jesus Gomez Arroyo, deceased
Monday	April 24
6:45 am	Wynn Hayes, deceased
8:00 am	George Skikos, deceased
Tuesday	April 25
6:45 am	Teofila & Atilano Morales., deceased
8:00 am	Teresa Stronge, living
5:30 pm (EF)	Emily Tran, living
Wednesday	April 26
6:45 am	Anya Cunningham, living
8:00 am	Daniela Orozco, living
9:20 am (School)	Holy Souls in Purgatory
Thursday	April 27
6:45 am	Noah Huerta-Miller, living
8:00 am	Teresa Stronge, living
Friday	April 28
6:45 am	Carmen & Miguel Huerta, deceased
8:00 am	Teresa Stronge, living
12:00 pm (Hosp)	Dai Duong, living
Saturday	April 29
8:00 am	Florence Skikos, deceased
4:30 pm	Claudia Skrypka, deceased
6:30 (Sp)	Esther Reyes, deceased

~REMEMBERING MOTHER~

Mother's Day envelopes are in your envelope packets and are on the vestibule tables. Please legibly print the name of your mother and return your envelope to the collection basket either next weekend, April 29/30, or to the Parish Office by 12:00 noon, Friday, May 5, for publishing in the May 14th Mother's Day Sunday bulletin. Names submitted after that date will be published in future bulletins.

SPIRITUAL ACTIVITY

~WOMEN OF THE WORD~

Did you know that St. Eugene's has a women's Bible study that has been meeting weekly for over 37 years? It is such a gift from God to have had so many years of blessings and friendships. The focus each week is to live the Church year by praying, reading and reflecting on the Sunday scriptures. Women of all ages and from different parishes are welcome to join Women of the Word on Tuesday mornings, from 9:15 - 11:00 AM in the Parish Life Center. For more information please call (707) 478-0041. Please join us!

SOCIAL ACTIVITY

~GOLDEN OPPORTUNITIES~

Golden Opportunities is a St. Eugene's parish social group for seniors 50 and up that meets on the **2nd Thursday** of every month at 11:30 am in the Parish Life Center. There is often a guest speaker, games, or entertainment provided. Lunch/Potluck is also provided! This is a great way to make new friends. Please join us!

~YOUNG ADULT FELLOWSHIP~

Are you seeking Catholic Young Adult fellowship and ways to enrich your prayer life? Join Santa Rosa's "Carlo and Chiara Catholic Young Adults" who meet for prayer, community, faith formation, food, hikes, and more! Email castfireontheearth@gmail.com and join their email newsletter. Of interest to teenagers: teens this summer are once again coming from all across Northern California to our Eureka Homeless Mission Outreach July 16 - 21st and our Leadership Training July 6th - 8th. For more info and to register via email, contact Stephen Morris dsryouth@srdiocese.org.

~RESPECT LIFE~

The Respect Life Committee thanks all who have donated baby wipes and diapers for the Bridges Pregnancy Clinic. The donation box will remain in the main (front) vestibule until May 1st. Thank you all for being so generous!

~PLEASE PRAY FOR~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Marjorie Miles, Amelia Lansangan, Gail Brown, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Aida Catapang, Bob Goldman, Pat Davenport, Paulita Castro, Jean L. Alfano, Theresa Pham, Rainey Olson, Michele Otten, Pauline Goslovich, Mary Gonzales, Nick Sidjakov, Sandi Picconi, Margaret Keifer, Joan Cosgrove, Denise Ealy, Becky Harber, Ernest Lanford, Daniel Bruce Moore, Megan Ingrassia and Art Haake.

The bulletin submission deadline is Thursday @ 3:00pm for the Sunday after next bulletin. We reserve the right to edit or omit items. E-mail items to: office@steugenes.com.

MY CATHOLIC FAITH

GRAB BAG

~FROM THE PASTOR~

Today I would like to mix things up a bit by offering you once again a “grab bag” of interesting articles. We start with one on the importance of the Lord’s Day and the role that this day should play in our lives. We then move on to an article that reminds us of the importance of slowing down and contemplating God and all that He does for us. Finally, we read about when the early Christians began using the words “Catholic Church” in their writings and everyday usage when referring to the Church established by Jesus Christ. Enjoy!

SUNDAYS

~SUNDAYS—A WHOLE DAY FOR GOD~

“When did Sunday go from being the Day of the Lord to an hour for the Lord...maybe...unless...you know....there is something more interesting or important in my life? That is where it is for the overwhelming members of the USA, Canada, and Europe. I daresay that even the overwhelming majority of those who identify as Roman Catholics are the same. I remember, as a child, that the only places open on Sunday were churches and hospitals (maybe there were others). The only people that had to work were emergency, medical, law enforcement, and ministers/priests. I don’t remember there being organized sports leagues (non-professional) or practices scheduled on Sundays.”

~THE DAY OF THE LORD~

“I suppose as Church and God became less important in our culture that the concept of a day of rest did as well. Now everything except Hobby Lobby and Chick-fil-a seem to be open, sports have soaked up even the Sunday mornings (got to get all the games for the tournaments in), and Sunday is as busy as the rest of the week. I am sure that isn’t contributing to how worn out most people feel. Not at all. It is worth noting that our demands on God did not diminish one iota. He was supposed to keep us protected from all harm, give us all we need and want, punish our enemies, or otherwise get blamed for everything. I don’t know about you, but I just love being in relationships with people like that!

Perhaps the loss of the Day of Lord is just another sign that we went from being Servants of the Lord to being God’s boss in our minds. The Day of the Lord just became more roadkill on our widening highway to hell.”

~LOVE GOD WITH YOUR WHOLE HEART~

“We aren’t learning the lesson of history, which is we only push God away at our own peril. God will abide by our decision to be pushed away. He is no one’s errand boy. He loves us, but He is no fool. When a life for Christ got reduced to just a day of Christ, got reduced to an hour for Christ...no wonder that even that hour seems too burdensome for most. Yet we still have the audacity to say God had better open the doors of heaven for us who spent our lives ignoring Him...because, you know, if there is a God, then He better be a patsy who allows me in anyway...so I can ignore Him in heaven as I do on earth. So I can worship in heaven the same gods I did on earth. I am so sure that God will just be happy to accommodate my idolatry in His home...or maybe not. Turn around before it is too late!”
By. Fr. Bill Peckman, <https://churchpop.com/2018/03/04/reminder-sundays-are-a-whole-day-for-god-not-just-an-hour/>

BEING OVER DOING

~LIFE IS NOT A RACE~

“If there’s one thing our culture values, it is speed. Fast food. Fast cars. Fast internet. The more quickly and efficiently anything can be done, the better. Yet there are few things more destructive to authentic human experience than speed. Hurriedness is not the father of wisdom. Doing things rapidly causes us to devalue them. Then again, perhaps we hurry because we do not value things already. It is not normal to want to rush something beautiful or important, something you love. Only unimportant things are rushed, and it says a great deal about the modern mindset that we want everything from conversations to food preparation to be nearly instant. Life is not a race to be completed but a journey to be savored. Yet, most of us are too busy or too frantically fidgeting to really know the essence of anything. We rush from here to there, never stopping to assess *why* we do what we do—and missing a great

many things along the way. Moreover, we accumulate things more quickly than we can enjoy them, valuing the process of getting more than what we get. But what is the point of having more if we appreciate it less?"

~SPEED & CONTEMPLATION~

"Speed is the enemy of contemplation. The happiest people on earth are those who accomplish the least but experience the most. From the popular perspective, perhaps, they are wasting their lives and potential. They could be doing so much more. For the entire value of the human person is now measured by his or her output and productivity – by his or her market value. But the truly wise know that being is more important than doing. We are not measured by what we can produce, but who we are. A rapid pace of living leads to a shallowness of experience, and it extinguishes the one thing we owe God above all – humbly grateful praise. If we see all of life as a chore to be completed or an obstacle to put behind us as quickly as possible, we will never truly appreciate anything. And if we appreciate nothing, we will arrive at the end of our days exhausted and embittered, with little to look back upon with grateful hearts."

~WE ARE MADE TO PRAISE~

"We must resist the cult of speed, for it degrades our humanity. We are not automatons or processing units. We are human. We are living souls – dust of the earth brought mystically to life with the divine breath. Our value is not measurable by statistics of consumption or production. We are creatures made to gaze at the world like children, wide-eyed with wonder. We are creatures made to praise. Take time and slow down. Invest yourself in what you do, whether it be working or playing, eating or praying. Notice and give attention and concentrate. For appreciation is the wellspring of joy and thanksgiving, and appreciation is the fruit of patient and attentive experience. If a thing is worth doing, it is worth doing slowly." 'Being Over Doing', By. Sam Guzman <https://www.catholicgentleman.net/>

THE "CATHOLIC" CHURCH

~"CATHOLIC"~

"Very early in post-apostolic times ... the Church did acquire a proper name--and precisely in order to distinguish herself from rival bodies which by then were already beginning to form. The name that the

Church acquired when it became necessary for her to have a proper name was the name by which she has been known ever since--the Catholic Church. The name appears in Christian literature for the first time around the end of the first century. By the time it was written down, it had certainly already been in use, for the indications are that everybody understood exactly what was meant by the name when it was written. Around the year A.D. 107, a bishop, St. Ignatius of Antioch in the Near East, was arrested, brought to Rome by armed guards and eventually martyred there in the arena. In a farewell letter which this early bishop and martyr wrote to his fellow Christians in Smyrna (today Izmir in modern Turkey), he made the first written mention in history of "the Catholic Church." He wrote, "Where the bishop is present, there is the Catholic Church" (To the Smyrnaeans 8:2). Thus, the second century of Christianity had scarcely begun when the name of the Catholic Church was already in use."

~THE NAME CAUGHT ON~

"Thereafter, mention of the name became more and more frequent in the written record. It appears in the oldest written account we possess outside the New Testament of the martyrdom of a Christian for his faith, the Martyrdom of St. Polycarp, bishop of the same Church of Smyrna to which St. Ignatius of Antioch had written. St. Polycarp was martyred around 155, and the account of his sufferings dates back to that time. The narrator informs us that in his final prayers before giving up his life for Christ, St. Polycarp 'remembered all who had met with him at any time, both small and great, both those with and those without renown, and the whole Catholic Church throughout the world.' We know that St. Polycarp, at the time of his death in 155, had been a Christian for 86 years. He could not, therefore, have been born much later than 69 or 70. Yet it appears to have been a normal part of the vocabulary of a man of this era to be able to speak of 'the whole Catholic Church throughout the world.' The name had caught on, and no doubt for good reasons. The term 'catholic' simply means universal, and when employing it in those early days, St. Ignatius of Antioch and St. Polycarp of Smyrna were referring to the Church that was already 'everywhere', as distinguished from whatever sects, schisms or splinter groups might have grown up here and there, in opposition to the Catholic Church. Excerpted from: How Did the Catholic Church Get Her Name? by Kenneth D. Whitehead, www.ewtn.com/faith/teachings/churb3.htm

MI FE CATOLICA

AGARRA TU BOLSA

~DEL PASTOR~

Hoy me gustaría mezclar un poco las cosas ofreciéndoles una vez más una "bolsa de sorpresas" de artículos interesantes. Comenzamos con uno sobre la importancia del Día del Señor y el papel que este día debe desempeñar en nuestras vidas. Luego pasamos a un artículo que nos recuerda la importancia de bajar el ritmo y contemplar a Dios y todo lo que hace por nosotros. Por último, leemos sobre cuando los primeros cristianos empezaron a utilizar las palabras "Iglesia católica" en sus escritos y en el uso cotidiano para referirse a la Iglesia establecida por Jesucristo... ¡Que aproveche!

DOMINGOS

~DOMINGO-UN DIA ENTERO PARA DIOS~

"¿Cuándo pasó el domingo de ser el Día del Señor a ser una hora para el Señor... tal vez... a menos que... ya sabes....hay algo más interesante o importante en mi vida? Así es para la inmensa mayoría de los miembros de EE.UU., Canadá y Europa. Me atrevería a decir que incluso la inmensa mayoría de los que se identifican como católicos romanos son iguales. Recuerdo, de niño, que los únicos lugares abiertos los domingos eran las iglesias y los hospitales (tal vez había otros). Los únicos que tenían que trabajar eran los de urgencias, los médicos, las fuerzas del orden y los ministros/sacerdotes. No recuerdo que hubiera ligas deportivas organizadas (no profesionales) o prácticas programadas los domingos."

~EL DÍA DEL SEÑOR~

"Supongo que a medida que la Iglesia y Dios fueron perdiendo importancia en nuestra cultura el concepto de día de descanso también lo hizo. Ahora todo, excepto Hobby Lobby y Chick-fil-a, parece estar abierto, los deportes han absorbido incluso las mañanas de los domingos (hay que jugar todos los partidos de los torneos), y los domingos están tan ocupados como el resto de la semana. Estoy seguro de que esto no contribuye a que la mayoría de la gente se sienta agotada. En absoluto. Cabe señalar que nuestras exigencias a Dios no disminuyeron ni un poquito. Se suponía que debía protegernos de todo mal, darnos todo lo que necesitáramos y quisiéramos, castigar a nuestros enemigos o, de lo contrario, echarle la culpa de todo. No sé a ti, ¡pero a mí me encanta relacionarme con gente así!

Tal vez la pérdida del Día del Señor es sólo otra señal de que pasamos de ser Siervos del Señor a ser el jefe de Dios en nuestras mentes. El Día del Señor sólo se convirtió en más animales atropellados en nuestra cada vez más amplia autopista al infierno".

~AMA A DIOS CON TODO TU CORAZON~

"No estamos aprendiendo la lección de la historia, que es que sólo alejamos a Dios por nuestra cuenta y riesgo. Dios acatará nuestra decisión de alejarnos. Él no es el chico de los recados de nadie. Nos ama, pero no es tonto. Cuando una vida para Cristo se redujo a sólo un día de Cristo, se redujo a una hora para Cristo... no es de extrañar que incluso esa hora parezca demasiado pesada para la mayoría. Sin embargo, todavía tenemos la audacia de decir que más vale que Dios nos abra las puertas del cielo a los que nos pasamos la vida ignorándole... porque, ya sabes, si hay un Dios, más vale que sea un chivo expiatorio que me permita entrar de cualquier manera... para que pueda ignorarle en el cielo como lo hago en la tierra. Así puedo adorar en el cielo a los mismos dioses que adoré en la tierra. Estoy tan seguro que Dios estará feliz de acomodar mi idolatría en Su casa...o tal vez no. Date la vuelta antes de que sea demasiado tarde".

ESTAR HACIENDO DE MÁS

~LA VIDA NO ES UNA CARRERA~

"Si hay algo que nuestra cultura valora, es la velocidad. La comida rápida. Coches rápidos. Internet rápido. Cuanto más rápido y eficaz sea todo, mejor. Sin embargo, hay pocas cosas más destructivas para la auténtica experiencia humana que la velocidad. La prisa no es el padre de la sabiduría. Hacer las cosas con rapidez nos lleva a devaluarlas. Por otra parte, tal vez nos apresuramos porque no valoramos ya las cosas. No es normal querer apresurar algo bello o importante, algo que uno ama. Sólo se apresuran las cosas sin importancia, y dice mucho de la mentalidad moderna que queramos que todo, desde las conversaciones hasta la preparación de la comida, sea casi instantáneo. La vida no es una carrera que hay que completar, sino un viaje que hay que saborear. Sin embargo, la mayoría de nosotros estamos demasiado ocupados o nos movemos demasiado frenéticamente como para conocer realmente la esencia de algo. Vamos de aquí para allá sin pararnos a analizar por qué hacemos lo que hacemos, y nos perdemos una gran oportunidad.

Y muchas cosas por el camino. Además, acumulamos cosas más rápido de lo que podemos disfrutarlas, valorando más el proceso de conseguir que lo que obtenemos. Pero, ¿de qué sirve tener más si lo apreciamos menos?"

~VELOCIDAD Y CONTEMPLACIÓN~

"La velocidad es enemiga de la contemplación. Las personas más felices del mundo son las que menos logran, pero las que más experimentan. Desde la perspectiva popular, quizá estén desperdiciando sus vidas y su potencial. Podrían estar haciendo mucho más. En la actualidad, todo el valor de la persona humana se mide por su rendimiento y productividad, por su valor de mercado. Pero los verdaderos sabios saben que ser es más importante que hacer. No se nos mide por lo que podemos producir, sino por lo que somos. Un ritmo de vida acelerado conduce a la superficialidad de la experiencia, y extingue lo único que debemos a Dios por encima de todo: la alabanza humildemente agradecida. Si vemos toda la vida como una tarea que hay que cumplir o como un obstáculo que hay que dejar atrás lo antes posible, nunca apreciaremos nada de verdad. Y si no apreciamos nada, llegaremos al final de nuestros días exhaustos y amargados, con poco a lo que mirar atrás con corazón agradecido."

~ESTAMOS HECHOS PARA ALABAR~

"Debemos resistirnos al culto a la velocidad, porque degrada nuestra humanidad. No somos autómatas ni unidades de procesamiento. Somos humanos. Somos almas vivas, polvo de la tierra que cobra vida místicamente con el soplo divino. Nuestro valor no se puede medir con estadísticas de consumo o producción. Somos criaturas hechas para contemplar el mundo como niños, con los ojos abiertos de asombro. Somos criaturas hechas para alabar. Tómate tu tiempo y ve más despacio. Invierte en lo que haces, ya sea trabajar o jugar, comer o rezar. Observa, presta atención y concéntrate. Porque el aprecio es el manantial de la alegría y la acción de gracias, y el aprecio es el fruto de la experiencia paciente y atenta. Si merece la pena hacer algo, merece la pena hacerlo despacio".

LA IGLESIA "CATOLICA"

~"CATOLICA"~

"Muy pronto en los tiempos post-apostólicos ... la Iglesia adquirió un nombre propio - y precisamente con el fin de distinguirse de los organismos rivales que por entonces ya estaban empezando a formarse.

El nombre que adquirió la Iglesia cuando se hizo necesario que tuviera un nombre propio fue el nombre por el que se la conoce desde entonces: Iglesia católica. Este nombre aparece por primera vez en la literatura cristiana hacia finales del siglo I. Cuando se escribió, ya se utilizaba, sin duda. En el momento en que se escribió, sin duda ya estaba en uso, ya que todo indica que todo el mundo entendía exactamente lo que significaba el nombre cuando se escribió. Alrededor del año 107 d.C., un obispo, San Ignacio de Antioquía, en Oriente Próximo, fue arrestado, llevado a Roma por guardias armados y finalmente martirizado allí en la arena. En una carta de despedida que este primitivo obispo y mártir escribió a sus compañeros cristianos en Esmirna (hoy Izmir en la moderna Turquía), hizo la primera mención escrita en la historia de "la Iglesia católica". Escribió: "Donde está presente el obispo, allí está la Iglesia católica" (A los esmirneos 8:2). Así pues, apenas había comenzado el segundo siglo del cristianismo cuando ya se utilizaba el nombre de Iglesia católica."

~EL NOMBRE SE IMPUSO~

"A partir de entonces, la mención del nombre se hizo cada vez más frecuente en el registro escrito. Aparece en el relato escrito más antiguo que poseemos fuera del Nuevo Testamento del martirio de un cristiano por su fe, el Martirio de San Policarpo, obispo de la misma Iglesia de Esmirna a la que había escrito San Ignacio de Antioquía. San Policarpo fue martirizado hacia 155, y el relato de sus sufrimientos se remonta a esa época. El narrador nos informa de que, en sus últimas oraciones antes de entregar su vida por Cristo, San Policarpo "se acordó de todos los que se habían reunido con él en algún momento, tanto pequeños como grandes, tanto los que tenían renombre como los que no, y de toda la Iglesia católica en todo el mundo". Sabemos que San Policarpo, en el momento de su muerte en 155, había sido cristiano durante 86 años. No pudo, por tanto, haber nacido mucho más tarde del año 69 o 70. Sin embargo, parece haber sido una parte normal del vocabulario de un hombre de esta época poder hablar de "toda la Iglesia católica en todo el mundo". El nombre había calado, y sin duda por buenas razones. El término "católico" significa simplemente universal, y al emplearlo en aquellos primeros tiempos, San Ignacio de Antioquía y San Policarpo de Esmirna se referían a la Iglesia que ya estaba "en todas partes", a diferencia de las sectas, cismas o grupos disidentes que pudieran haber surgido aquí y allá, en oposición a la Iglesia católica.

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